

# 12th Annual Loop the Lake Road Race

August 11, 2007

## Ten Kilometer Overall Results

Rank Overall	Rank in Divison	Division	Race Num	Competitor Name	City	Time	Pace / Km
1	1/31	M4049	233	Michel KAPUSCINSKY	Calgary	37:46	3:47
2	2/31	M4049	49	Richard KELLETT	Calgary	38:16	3:50
3	1/23	M3039	341	Esteban KAHS	Calgary	39:46	3:59
4	1/20	M5059	122	Herb WELLER	Invermere	40:13	4:02
5	2/23	M3039	196	Steve DELL	Calgary	42:28	4:15
6	3/31	M4049	20	John DOWNEY	Calgary	43:11	4:20
7	4/31	M4049	178	Mark THOMAS	Calgary	43:11	4:20
8	1/35	F0119	298	Stephanie STODDART	Calgary	44:00	4:24
9	5/31	M4049	253	Dave ZEHNDER	Invermere	45:52	4:36
10	1/10	M2029	73	Andy MARK	Calgary	46:06	4:37
11	3/23	M3039	125	Steve AITKEN	Calgary	47:17	4:44
12	1/21	M0119	312	Noah MURUVE	Calgary	47:36	4:46
13	6/31	M4049	81	Peter MESNARK	Cochrane	47:42	4:47
14	7/31	M4049	297	Stuart STODDART	Calgary	47:44	4:47
15	8/31	M4049	30	Otmar FURLAN	Cochrane	47:52	4:48
16	4/23	M3039	133	Troy ENSIGN	Invermere	48:05	4:49
17	1/25	F2029	21	Carlie DUKE	Calgary	48:17	4:50
18	9/31	M4049	82	Andy MILLER	Kimberley	48:31	4:52
19	2/20	M5059	7	Paul BELLPATEL	Brisco	49:07	4:55
20	10/31	M4049	224	John FITZSIMMONS	Radium Hot Springs	49:14	4:56
21	5/23	M3039	310	Jack LUCAS	Edmonton	49:18	4:56
22	6/23	M3039	343	Dan ALLAIRE	Windsor	49:42	4:59
23	3/20	M5059	136	Brian FOSTER	Calgary	49:51	5:00
24	4/20	M5059	154	Bill MITSCHKE	Calgary	49:58	5:00
25	1/56	F4049	290	Donna BERGH	Calgary	49:59	5:00
26	7/23	M3039	19	Klayton DEPUTAN	St. Albert	50:13	5:02
27	11/31	M4049	275	Tom HADWAY	Didsbury	50:20	5:02
28	8/23	M3039	11	Robert BOWMAN	Calgary	50:38	5:04
29	2/25	F2029	269	Lori THOMLINSON	Invermere	50:49	5:05
30	2/10	M2029	2	Randy ARCHIBALD	Hanna	50:58	5:06
31	1/26	F5059	92	Laura RICHARDSON	Brisco	50:59	5:06
32	12/31	M4049	291	Brandley BERGH	Invermere	51:13	5:08
33	3/25	F2029	38	Jennifer HANSEN	Fairmont Hot Springs	51:37	5:10
34	2/26	F5059	144	Denise LONGHURST	Banff	51:48	5:11
35	4/25	F2029	127	Tierney BOWEN	Calgary	51:50	5:11
36	3/10	M2029	102	Clayton SMITH	Fernie	51:57	5:12
37	13/31	M4049	181	Ross ULLYOT	Mayerthorpe	52:02	5:13
38	1/63	F3039	358	Veronique HUL	Calgary	52:05	5:13
39	5/20	M5059	359	Alvin KOCH	Invermere	52:06	5:13
40	14/31	M4049	357	Paul HUL	Invermere	52:07	5:13
41	2/56	F4049	157	Lisa MORRISON	Calgary	52:11	5:14
42	15/31	M4049	294	Doug CAUL	Victoria	52:13	5:14
43	9/23	M3039	100	Karl SIKORA	Calgary	52:19	5:14
44	10/23	M3039	207	Ross PICHE	Calgary	52:28	5:15
45	2/21	M0119	8	Bradley BICKLEY	Calgary	52:31	5:16
46	3/56	F4049	251	Phoebe MCCARTY	Invermere	52:32	5:16
47	4/56	F4049	45	Grace HUGHES	Fernie	52:46	5:17
48	5/56	F4049	108	Pam THOMAS	Coldstream	53:04	5:19
49	11/23	M3039	153	Vincent MEYER	Regina	53:07	5:19
50	5/25	F2029	183	Heather WILDE	Regina	53:16	5:20
51	3/26	F5059	268	Pat ANDRUSCHUK	Invermere	53:18	5:20
52	6/25	F2029	345	Patrica ZUCZEK	Calgary	53:21	5:21
53	4/10	M2029	346	Jeff BINDA	Calgary	53:22	5:21
54	16/31	M4049	194	Andy BEEDHAM	Radium Hot Springs	53:27	5:21
55	6/56	F4049	204	Margot PATERSON	Windermere	53:29	5:21
56	2/63	F3039	78	Trish MCFARLANE	Calgary	53:59	5:24
57	3/63	F3039	222	Carmen FERRIER	Calgary	54:08	5:25
58	12/23	M3039	265	Scott HUTCHINSON	Calgary	54:15	5:26

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Rank Overall	Rank in Divison	Division	Race Num	Competitor Name	City	Time	Pace / Km
59	7/56	F4049	235	Deanna KEMPERMAN	Cranbrook	54:21	5:27
60	8/56	F4049	211	Liz VANDERKRUK	Invermere	54:37	5:28
61	4/63	F3039	230	Diane HAMM	Cranbrook	54:42	5:29
62	9/56	F4049	107	Linda THOMAS	Calgary	54:58	5:30
63	6/20	M5059	215	Marvin WAIAND	Calgary	55:08	5:31
64	10/56	F4049	241	Petra O'CONNOR	Leeds	55:22	5:33
65	5/63	F3039	32	Janine GREGOR	Calgary	55:25	5:33
66	6/63	F3039	311	Karen LUCAS	Edmonton	55:43	5:35
67	1/6	M60+	308	Wally MONSON	St. Albert	55:44	5:35
68	7/63	F3039	278	Jacqueline PINSONNEAULT	Windermere	55:46	5:35
69	8/63	F3039	350	Julie HIGGS	Invermere	55:46	5:35
70	9/63	F3039	285	Katherine HARMSWORTH	Invermere	55:47	5:35
71	13/23	M3039	152	Scot MENZIES	Calgary	55:47	5:35
72	2/35	F0119	111	Brenna TRAVERSE	Fernie	55:48	5:35
73	10/63	F3039	101	Jackie SILLNER	Calgary	55:51	5:36
74	11/56	F4049	112	Adelaine TRAVERSE	Fernie	55:53	5:36
75	11/63	F3039	356	Maureen ULRICH	Edmonton	56:10	5:37
76	1/20	F60+	338	Fidelma MCKENNA	Windermere	56:11	5:38
77	14/23	M3039	71	Dave MAKARCHUK	Invermere	56:19	5:38
78	12/63	F3039	220	Jo-Anne DUNCAN	Calgary	56:21	5:39
79	12/56	F4049	326	Debbie COATES	Calgary	56:45	5:41
80	7/20	M5059	180	Bob TINK	Calgary	56:52	5:42
81	15/23	M3039	129	Cory BREAU	Invermere	56:59	5:42
82	3/35	F0119	354	Brittany GIRLING	Calgary	57:00	5:42
83	17/31	M4049	355	Russ GIRLING	Calgary	57:01	5:43
84	8/20	M5059	299	Jim BOLOKOSKI	Calgary	57:15	5:44
85	4/26	F5059	300	Marlene BINDA	Calgary	57:16	5:44
86	13/56	F4049	66	Colleen LINNEY	Calgary	57:19	5:44
87	14/56	F4049	227	Corinna FRANCIS	Invermere	57:22	5:45
88	13/63	F3039	244	Campion SWARTOUT	Calgary	57:22	5:45
89	18/31	M4049	58	Chris LAWTON	Calgary	57:27	5:45
90	16/23	M3039	218	Darcy COLLINGS	Calgary	57:35	5:46
91	15/56	F4049	79	Virginia MCGREGOR	Airdrie	58:20	5:50
92	5/10	M2029	168	Spencer RIDLEY	Edmonton	58:36	5:52
93	2/6	M60+	22	Gavin DUKE	Red Deer	58:38	5:52
94	7/25	F2029	124	Shannon WESTERSUND	Calgary	58:43	5:53
95	6/10	M2029	9	Tim BOUTETTE	Calgary	58:45	5:53
96	8/25	F2029	228	Melissa FYHN	Calgary	58:46	5:53
97	7/10	M2029	213	Andrew WAIAND	Calgary	58:57	5:54
98	14/63	F3039	10	Denise BOWMAN	Calgary	59:00	5:54
99	15/63	F3039	70	Sherie LONSDALE	Calgary	59:01	5:55
100	8/10	M2029	4	Derek BALDERSTON	Invermere	59:09	5:55
101	9/25	F2029	85	Martine NEWILL	Invermere	59:10	5:55
102	3/21	M0119	296	Trystan HART	Invermere	59:16	5:56
103	4/21	M0119	336	Eric KRYSTOFIAK	Windermere	59:23	5:57
104	5/21	M0119	337	Trevor CECCANESE	Windermere	59:26	5:57
105	16/56	F4049	335	Annette CECCANESE	Windermere	59:27	5:57
106	4/35	F0119	264	Kalie WIDMER	Calgary	59:30	5:57
107	9/20	M5059	247	Al WILLMS	Calgary	59:35	5:58
108	6/21	M0119	340	AJ MCCOY	Didsbury	59:35	5:58
109	16/63	F3039	110	Carmen TIEFENGRABER	Calgary	59:37	5:58
110	17/63	F3039	271	Michelle HUTCHINSON	Calgary	59:47	5:59
111	18/63	F3039	176	Jacquie STEFANOWSKI	Calgary	59:48	5:59
112	5/26	F5059	179	Wendy TINK	Calgary	59:52	6:00
113	6/26	F5059	301	Mary STODDART	Calgary	59:58	6:00
114	10/25	F2029	279	Bronwen DAVIES	Invermere	1:00:34	6:04
115	9/10	M2029	280	Mark NEWTON	Invermere	1:00:35	6:04
116	17/56	F4049	118	Cathy VISSIA	Westbank	1:00:53	6:06

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117	10/20	M5059	349	Lloyd EVANS	Canmore	1:01:07	6:07
118	17/23	M3039	69	Mark LOCKWOOD	St. Albert	1:01:15	6:08
119	19/63	F3039	68	Tracy LOCKWOOD	St. Albert	1:01:16	6:08
120	5/35	F0119	353	Samantha RABATICH	Calgary	1:01:27	6:09
121	20/63	F3039	160	Kerry NOVINGER	Calgary	1:01:46	6:11
122	19/31	M4049	99	Warren SHIER	Calgary	1:02:15	6:14
123	6/35	F0119	276	Kelby WARTERS	Invermere	1:02:45	6:17
124	18/56	F4049	344	Michelle UKASS	Invermere	1:02:46	6:17
125	7/26	F5059	200	Muriel HARKNESS	Calgary	1:03:03	6:19
126	19/56	F4049	88	Connie NUTTALL	Calgary	1:03:08	6:19
127	21/63	F3039	16	Stacy DECOSSE	Invermere	1:03:13	6:20
128	22/63	F3039	43	Krista HORN	Edgewater	1:03:13	6:20
129	7/35	F0119	306	Kristen SYDORYK	Invermere	1:03:19	6:20
130	23/63	F3039	25	Crista FERGUSON	Calgary	1:03:39	6:22
131	20/31	M4049	201	Richard HOPWOOD	Camrose	1:03:40	6:22
132	24/63	F3039	90	Penny PIGOTT	calgary	1:03:49	6:23
133	21/31	M4049	115	Rawleigh UNGER	Calgary	1:03:50	6:23
134	25/63	F3039	150	Janet MCFARLANE	Calgary	1:04:16	6:26
135	18/23	M3039	175	Greg SPERO	Calgary	1:04:18	6:26
136	26/63	F3039	169	Helen ROSE	Invermere	1:04:25	6:27
137	22/31	M4049	304	Allard WESTRA	Oakville	1:04:27	6:27
138	8/26	F5059	39	Sheila HEMUS	Windermere	1:04:39	6:28
139	2/20	F60+	139	Eliana GOMEZ	Calgary	1:04:43	6:29
140	11/20	M5059	250	Bill RABATICH	Calgary	1:04:44	6:29
141	27/63	F3039	138	Claudia GOMEZ	Calgary	1:04:47	6:29
142	28/63	F3039	159	Holly MURRAY	Calgary	1:04:50	6:29
143	8/35	F0119	203	Brittany MORGAN	Invermere	1:04:52	6:30
144	7/21	M0119	148	Ross MARTELL	St. Albert	1:04:53	6:30
145	29/63	F3039	270	Rachel COLABELLA	Calgary	1:04:56	6:30
146	9/35	F0119	223	Katie FITZSIMMONS	Radium Hot Springs	1:04:58	6:30
147	10/35	F0119	216	Danielle CHESSER	Radium Hot Springs	1:05:00	6:30
148	8/21	M0119	315	Bennett THIBAULT	Calgary	1:05:07	6:31
149	20/56	F4049	316	Cara THIBAULT	Calgary	1:05:08	6:31
150	11/25	F2029	87	Lindsay NOVINGER	calgary	1:05:24	6:33
151	12/20	M5059	86	Mike NOVINGER	calgary	1:05:28	6:33
152	11/35	F0119	12	Brittany BOWMAN	Calgary	1:05:31	6:34
153	12/25	F2029	281	Megan ROBERTSON	Burnaby	1:05:45	6:35
154	21/56	F4049	51	Barbara KING	Banff	1:05:48	6:35
155	13/20	M5059	63	Donald LESNIAK	St. Albert	1:05:59	6:36
156	30/63	F3039	202	Annette MORGAN	Invermere	1:06:01	6:37
157	9/26	F5059	155	Hazel MITSCHKE	Calgary	1:06:10	6:37
158	22/56	F4049	123	Colleen WELLER	Invermere	1:06:19	6:38
159	14/20	M5059	360	Rick SUTHERLAND	Invermere	1:06:36	6:40
160	23/56	F4049	57	Robyn LAWTON	Calgary	1:06:40	6:40
161	12/35	F0119	339	Dayna HADWAY	Didsbury	1:06:54	6:42
162	31/63	F3039	126	Valerie BORLE	St. Albert	1:07:07	6:43
163	32/63	F3039	132	Celeste DODS	Calgary	1:07:09	6:43
164	33/63	F3039	147	Shelley MARTELL	St. Albert	1:07:11	6:44
165	24/56	F4049	42	Janelle HOPKINS	Calgary	1:07:47	6:47
166	3/20	F60+	170	Ingrid SANDS	Fairmont	1:07:54	6:48
167	19/23	M3039	229	Cory GREEN	Calgary	1:07:55	6:48
168	15/20	M5059	309	Allen MILLER	Invermere	1:07:57	6:48
169	13/25	F2029	64	Ardith LEWIS	Calgary	1:08:02	6:49
170	14/25	F2029	65	Aimee LEWIS	Calgary	1:08:03	6:49
171	25/56	F4049	114	Carla UNGER	Calgary	1:08:08	6:49
172	10/26	F5059	52	Karen KOTKAS	Calgary	1:08:12	6:50
173	13/35	F0119	254	Samantha LESOURD	Calgary	1:08:17	6:50
174	14/35	F0119	255	Danielle LESARD	Calgary	1:08:17	6:50

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175	15/35	F0119	256	Naomi WEGLEITNER	Calgary	1:08:18	6:50
176	15/25	F2029	72	Jillian MARK	Calgary	1:08:19	6:50
177	11/26	F5059	50	Angie KING	Calgary	1:08:30	6:51
178	26/56	F4049	59	Charlotte LEAMING	Penticton	1:08:32	6:52
179	20/23	M3039	221	Grant DUNCAN	Calgary	1:08:45	6:53
180	16/20	M5059	60	John LEONARD	Calgary	1:09:07	6:55
181	16/25	F2029	232	Sheena IRWIN	Tofield	1:09:13	6:56
182	21/23	M3039	321	Melanie IRWIN	Invermere	1:09:13	6:56
183	27/56	F4049	134	Kim FALLIS-HOWELL	Edmonton	1:09:15	6:56
184	28/56	F4049	171	Yvonne SEETHRAM	Edmonton	1:09:16	6:56
185	34/63	F3039	237	Julie Ann LOFTHOUSE	Calgary	1:09:19	6:56
186	35/63	F3039	96	Sarah SCHRAUTH	Chatham	1:09:53	7:00
187	17/25	F2029	195	Rhiannon DAVIES	Calgary	1:09:54	7:00
188	36/63	F3039	28	Crista FREITER	Calgary	1:09:58	7:00
189	12/26	F5059	47	Nora IRWIN	Calgary	1:09:59	7:00
190	17/20	M5059	329	David SPATE	Calgary	1:11:40	7:10
191	16/35	F0119	273	Mikenna TANSLEY	Sherwood Pk	1:12:20	7:14
192	17/35	F0119	272	Luci TANSLEY	Sherwood Pk	1:12:21	7:15
193	13/26	F5059	77	Maria MCCOMB	Summerland	1:12:38	7:16
194	29/56	F4049	277	Wendy WARTERS	Invermere	1:12:48	7:17
195	37/63	F3039	286	Teresa ROGAL	Invermere	1:12:55	7:18
196	30/56	F4049	287	Colleen WAGNER	Invermere	1:12:56	7:18
197	38/63	F3039	289	Nicole BARSBY	Panorama	1:13:03	7:19
198	39/63	F3039	342	Larissa DUTCHER	Invermere	1:13:12	7:20
199	40/63	F3039	243	Lisa RENNEY	Invermere	1:14:00	7:24
200	9/21	M0119	314	Carter THIBAUT	Calgary	1:14:37	7:28
201	10/21	M0119	313	Jaxon THIBAUT	Calgary	1:15:07	7:31
202	31/56	F4049	24	Michelle EVANS	Invermere	1:15:54	7:36
203	32/56	F4049	94	Anne-Marie SAVARD	Penticton	1:16:07	7:37
204	33/56	F4049	305	Wendy SYDORYK	Invermere	1:16:37	7:40
205	41/63	F3039	231	Sheri HUBMAN	Calgary	1:17:16	7:44
206	23/31	M4049	260	Rob LESOURD	Calgary	1:17:54	7:48
207	24/31	M4049	258	Andy BOUT	Calgary	1:17:55	7:48
208	18/35	F0119	80	Jana MELESHKO	St. Albert	1:18:57	7:54
209	42/63	F3039	34	Omar HAJAR	Calgary	1:19:06	7:55
210	14/26	F5059	219	Laurie DUKE	Red Deer	1:19:43	7:59
211	43/63	F3039	27	Jennette FORSYTH	Edmonton	1:20:33	8:04
212	34/56	F4049	184	Diane ZALASKY	Windermere	1:20:42	8:05
213	44/63	F3039	146	Nadine MAILLOT	Fairmont Hot Springs	1:20:44	8:05
214	15/26	F5059	41	Corrine HOLDEN	Cranbrook	1:20:53	8:06
215	18/25	F2029	143	Nancy LEBOSQUAIN	Calgary	1:21:08	8:07
216	45/63	F3039	145	Kim LOUPELLE	Calgary	1:21:11	8:08
217	35/56	F4049	29	Gabrielle FURLAN	Cochrane	1:21:37	8:10
218	19/25	F2029	31	Cindy GILLESPIE	Calgary	1:22:22	8:15
219	46/63	F3039	1	Tosha ABDAL	Calgary	1:22:24	8:15
220	16/26	F5059	330	Kathy SPATE	Calgary	1:22:25	8:15
221	47/63	F3039	352	Julie MCKEEN	Calgary	1:22:28	8:15
222	19/35	F0119	351	Caitlin MCKEEN	Calgary	1:22:32	8:16
223	36/56	F4049	97	Lauri SEIDLITZ	Calgary	1:22:33	8:16
224	11/21	M0119	185	Jack DOWNEY	Calgary	1:22:39	8:16
225	37/56	F4049	6	Shirley BEEDHAM	Radium Hot Springs	1:23:13	8:20
226	20/25	F2029	91	Stacy PORTER	Kelowna	1:23:18	8:20
227	17/26	F5059	53	Nancy KRAIG	Spillimacheen	1:23:20	8:20
228	18/26	F5059	61	Kathryn LEONARD	Calgary	1:23:57	8:24
229	21/25	F2029	62	Allyson LEONARD	Calgary	1:23:58	8:24
230	12/21	M0119	128	Reid BOWMAN	Calgary	1:24:06	8:25
231	13/21	M0119	212	Ben VANDERKRUK	Invermere	1:24:19	8:26
232	14/21	M0119	210	Tyler ROSENBERG	Salmon Arm	1:24:20	8:26

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233	48/63	F3039	95	Darryl SCHMIDT	Cranbrook	1:25:18	8:32
234	4/20	F60+	40	Gail HOFFMANN	Invermere	1:25:22	8:33
235	15/21	M0119	249	Jade DEPUTAN	St. Albert	1:25:39	8:34
236	16/21	M0119	187	Zachery MYTRUNEC	Whitecourt	1:25:40	8:34
237	49/63	F3039	18	Marcia DEPUTAN	St. Albert	1:25:41	8:35
238	50/63	F3039	208	Shannon PICHE	Calgary	1:25:55	8:36
239	19/26	F5059	331	Joanne DICKIE	Calgary	1:26:26	8:39
240	38/56	F4049	332	Barb HEYNEN	Calgary	1:26:26	8:39
241	20/26	F5059	109	Reta THOMPSON	Invermere	1:26:46	8:41
242	21/26	F5059	177	Denise STIEGER	Bragg Creek	1:28:06	8:49
243	39/56	F4049	83	Kerry MYTRUNEC	Whitecourt	1:28:07	8:49
244	40/56	F4049	238	Brenda MAGMAN	Dawson Creek	1:28:08	8:49
245	3/6	M60+	317	Albert FRYDMAN	Invermere	1:28:17	8:50
246	5/20	F60+	198	Joyce GAUTHIER	Invermere	1:28:19	8:50
247	25/31	M4049	236	Lonny KUTSCHINSKI	Dawson Creek	1:28:38	8:52
248	26/31	M4049	84	Dwayne MYTRUNEC	Whitecourt	1:28:39	8:52
249	6/20	F60+	240	Jeanette NICHOLLS	Calgary	1:28:42	8:53
250	20/35	F0119	174	Rebecca SLATER	Calgary	1:28:44	8:53
251	51/63	F3039	172	Tanya SLATER	Calgary	1:28:45	8:53
252	22/23	M3039	239	Brad MANDZIAK	Calgary	1:28:51	8:54
253	21/35	F0119	242	Daniel O'CONNOR	Leeds	1:28:52	8:54
254	22/35	F0119	262	Lisa LESOURD	Calgary	1:33:15	9:20
255	23/35	F0119	261	Megan BOUT	Calgary	1:33:15	9:20
256	41/56	F4049	257	Korea BOUT	Calgary	1:33:16	9:20
257	23/23	M3039	259	Judy LESOURD	Calgary	1:33:17	9:20
258	24/35	F0119	75	Becky MCCARTNEY	Edmonton	1:34:59	9:30
259	25/35	F0119	76	Larissa MCCARTNEY	Edmonton	1:34:59	9:30
260	26/35	F0119	14	Maggie CAMPBELL	Edmonton	1:35:00	9:30
261	18/20	M5059	334	Peter PANKOVITCH	Invermere	1:36:18	9:38
262	27/35	F0119	191	Micaela SLATER	Calgary	1:36:33	9:40
263	7/20	F60+	17	Carol DEPUTAN	Fairmont	1:36:34	9:40
264	27/31	M4049	173	John SLATER	Calgary	1:36:36	9:40
265	8/20	F60+	46	Darlene INNES	Fairmont Hot Springs	1:36:37	9:40
266	17/21	M0119	248	Matthew COLLINGS	Calgary	1:36:47	9:41
267	42/56	F4049	217	Dawn COLLINGS	Calgary	1:36:48	9:41
268	9/20	F60+	106	Sharon TERRILL	Creston	1:37:11	9:44
269	52/63	F3039	23	Kelly EPP	Cranbrook	1:37:12	9:44
270	22/26	F5059	13	Ann BURNETT	Invermere	1:38:57	9:54
271	53/63	F3039	5	Deb BARTCH	Radium	1:38:58	9:54
272	22/25	F2029	303	Kym MCINTOSH	Calgary	1:39:08	9:55
273	54/63	F3039	295	Pam FROCKLAGE	Invermere	1:39:09	9:55
274	23/25	F2029	302	Kindry DALKE	Windermere	1:39:10	9:55
275	28/35	F0119	246	Hillary TIGHE	Calgary	1:40:06	10:01
276	43/56	F4049	74	Kathy MCCARTNEY	Edmonton	1:40:20	10:02
277	44/56	F4049	252	Brenda NIELSEN	Invermere	1:40:21	10:03
278	23/26	F5059	214	Catherine WAIAND	Calgary	1:40:21	10:03
279	55/63	F3039	55	Audra KWASNITZA	Calgary	1:40:35	10:04
280	28/31	M4049	117	Roy VICIC	Fernie	1:40:38	10:04
281	45/56	F4049	116	Diana VICIC	Fernie	1:40:39	10:04
282	19/20	M5059	103	Rick STRATTON	Fernie	1:40:40	10:04
283	24/26	F5059	15	Theresa COLE-SMITH	Fernie	1:40:47	10:05
284	46/56	F4049	104	Rose Mary STRATTON	Fernie	1:40:49	10:05
285	56/63	F3039	56	Kari LAVOIE	Calgary	1:41:21	10:09
286	57/63	F3039	348	Karen SHARP	Invermere	1:41:21	10:09
287	10/20	F60+	347	Maureen SHARP	Invermere	1:41:25	10:09
288	58/63	F3039	234	Sherri KELLY	Invermere	1:41:34	10:10
289	47/56	F4049	131	Charlene DIAKIW	Invermere	1:43:28	10:21
290	24/25	F2029	167	Sarah RIDLEY	Edmonton	1:43:28	10:21

## 12th Annual Loop the Lake Road Race

August 11, 2007

### Ten Kilometer Overall Results

Rank Overall	Rank in Divison	Division	Race Num	Competitor Name	City	Time	Pace / Km
291	25/25	F2029	3	Amy ARCHIBALD	Hanna	1:43:29	10:21
292	11/20	F60+	263	Helen METCALFE	Calgary	1:43:43	10:23
293	12/20	F60+	274	Gail ROSSINGTON	Invermere	1:43:43	10:23
294	29/35	F0119	322	Keira POELZER	Windermere	1:44:10	10:25
295	48/56	F4049	323	Debra MCARTHUR	Windermere	1:44:11	10:26
296	4/6	M60+	140	Mike HALTMAN	Windermere	1:45:01	10:30
297	49/56	F4049	318	Louise POELZER	Windermere	1:45:08	10:31
298	50/56	F4049	324	Karen SONNTAG	Windermere	1:45:09	10:31
299	51/56	F4049	137	Maureen GOLD	Calgary	1:45:34	10:34
300	52/56	F4049	67	Agnes LIVINGSTON	Coaldale	1:45:34	10:34
301	59/63	F3039	209	Lisa PICKELL	Calgary	1:45:55	10:36
302	25/26	F5059	197	Lynda FARRELL	Calgary	1:45:55	10:36
303	60/63	F3039	292	Tia BARKLEY	Invermere	1:46:25	10:39
304	18/21	M0119	283	Ben WIEGERT	Invermere	1:47:37	10:46
305	19/21	M0119	165	Ian RIDEWOOD	Calgary	1:47:50	10:47
306	20/20	M5059	166	Mike RIDEWOOD	Calgary	1:47:56	10:48
307	20/21	M0119	163	Graham RIDEWOOD	Calgary	1:48:01	10:49
308	26/26	F5059	164	Sue RIDEWOOD	Calgary	1:48:04	10:49
309	61/63	F3039	113	Cori TRINDER	Cranbrook	1:48:45	10:53
310	62/63	F3039	282	Becky WIEGERT	Invermere	1:48:48	10:53
311	53/56	F4049	226	Elaine FOURNIER	Calgary	1:51:42	11:11
312	29/31	M4049	245	Mike TIGHE	Calgary	1:51:47	11:11
313	13/20	F60+	156	Danuta MONTANDON	Calgary	1:51:55	11:12
314	14/20	F60+	44	Dorothy HUGHES	Calgary	1:51:57	11:12
315	15/20	F60+	307	Janeen LEBLOND	Calgary	1:52:02	11:13
316	10/10	M2029	199	Daniel GIBBONS	Calgary	1:54:20	11:26
317	30/31	M4049	266	Dwayne SPENCE	Calgary	1:54:53	11:30
318	54/56	F4049	267	Linda SPENCE	Calgary	1:54:54	11:30
319	16/20	F60+	54	Joan KUTSCHINSKI	Dawson Creek	1:55:45	11:35
320	30/35	F0119	284	Mya WIEGERT	Invermere	1:56:12	11:38
321	21/21	M0119	190	Christopher RHEBERGEN	Calgary	1:56:15	11:38
322	31/35	F0119	188	Mikayla RHEBERGEN	Calgary	1:56:16	11:38
323	31/31	M4049	162	Richard RHEBERGEN	Calgary	1:56:17	11:38
324	17/20	F60+	142	Connie JOHNSON	Fairmont	1:56:33	11:40
325	18/20	F60+	149	Bev MAYE	Fairmont	1:56:34	11:40
326	55/56	F4049	328	Rochelle BHATIA	Toronto	1:56:47	11:41
327	32/35	F0119	327	Angela BHATIA	Toronto	1:56:48	11:41
328	56/56	F4049	161	Kathy RHEBERGEN	Calgary	1:56:50	11:41
329	33/35	F0119	189	Brittany RHEBERGEN	Calgary	1:56:50	11:41
330	5/6	M60+	206	Bob PICHE	Invermere	1:57:22	11:45
331	6/6	M60+	135	Ed FITZGIBBON	Radium Hot Springs	1:57:24	11:45
332	19/20	F60+	141	Pauline HALTMAN	Windermere	1:57:26	11:45
333	20/20	F60+	205	Norma PICHE	Invermere	1:57:26	11:45
334	34/35	F0119	193	Mia WALTERS	Canal Flats	2:44:32	16:28
335	35/35	F0119	192	MacKenzie WALTERS	Canal Flats	2:44:32	16:28
336	63/63	F3039	120	Louise WALTERS	Canal Flats	2:44:33	16:28