

14th Annual
Loop the Lake Road Races
August 8, 2009
Half Marathon Overall Results

Place	Plc/Div Pace/Km	Div	No.	Name	City	Time
1	1/15	M3039	131	Emiel PIETERSE	Amsterdam	1:16:23
3:38						
2	1/26	M4049	108	Fabian BAPTISTE	Calgary	1:28:53
4:13						
3	2/15	M3039	175	Jason SCRATCH	Calgary	1:31:29
4:21						
4	2/26	M4049	202	Peter LAYCOCK	Rossland	1:32:38
4:24						
5	3/15	M3039	224	James JENSEN	Lethbridge	1:33:01
4:25						
6	1/9	M2029	139	Taylor WOOLLEY	Calgary	1:36:42
4:35						
7	4/15	M3039	196	Steven SEARLE	Camrose	1:37:32
4:38						
8	5/15	M3039	195	Jason KRIPS	St. Albert	1:37:44
4:38						
9	1/32	F3039	255	Nicole HALTMAN	Calgary	1:37:45
4:38						
10	2/9	M2029	158	Cedric GEORGE	Airdrie	1:37:50
4:39						
11	2/32	F3039	211	Meaghan EVANS	Calgary	1:38:03
4:39						
12	3/26	M4049	238	Gerald MUMFORD	Calgary	1:38:37
4:41						
13	6/15	M3039	120	Ryan POPOWICH	Edmonton	1:39:02
4:42						
14	3/32	F3039	236	Joy JANZEN	Calgary	1:39:03
4:42						
15	4/26	M4049	1314	Brian HOHM	Calgary	1:39:13
4:43						
16	7/15	M3039	174	Keith WELSH	Drapwe	1:39:26
4:43						
17	1/11	M5059	243	Alan DIBB	Invermere	1:39:32
4:44						
18	2/11	M5059	222	Peter HUANG	Calgary	1:42:08
4:51						
19	3/9	M2029	187	Collin MCDOUGALL	Calgary	1:42:17
4:51						
20	1/20	F4049	213	Carolyn HAWES	Invermere	1:42:20
4:51						
21	4/9	M2029	133	Josh MURRAY	Calgary	1:42:22
4:52						
22	5/26	M4049	101	Gary KEANE	Calgary	1:43:03
4:54						
23	6/26	M4049	146	Peter MCDONALD	Fernie	1:44:03
4:56						
24	7/26	M4049	248	Bruce KAUFMAN	Calgary	1:44:55
4:59						
25	3/11	M5059	173	Glenn MURPHY	Calgary	1:44:57
4:59						
26	5/9	M2029	168	Pat NELSON	Cranbrook	1:45:00
4:59						
27	4/11	M5059	254	Al SINGER	Kmberley	1:45:09

21K..txt

4:59						
5:00	28	5/11	M5059	150	Jon MAHONEY	Vernon 1:45:17
5:00	29	1/3	M60+	191	Warren ELOFSON	Calgary 1:45:30
5:02	30	4/32	F3039	183	Carol COWIE	Calgary 1:46:02
5:03	31	6/11	M5059	253	Rene' ROHNER	Oberuzwil 1:46:23
5:03	32	8/15	M3039	117	Dion ZUKIWSKY	Red Deer 1:46:26
5:03	33	5/32	F3039	159	Carolyn CAMPBELL	Calgary 1:46:31
5:04	34	9/15	M3039	136	Jeff AINSWORTH	Edmonton 1:46:43
5:04	35	8/26	M4049	126	David CLARKE	Red Deer County 1:46:45
5:04	36	6/32	F3039	181	Nancy TRUDEL	Calgary 1:46:49
5:05	37	10/15	M3039	242	Jason JACOBS	Sundre 1:47:10
5:05	38	2/20	F4049	124	Kim KARRAN	Calgary 1:47:13
5:06	39	3/20	F4049	151	Sherry MAHONEY	Vernon 1:47:27
5:07	40	1/13	F2029	234	Carlie DUKE	Red Deer 1:47:42
5:07	41	11/15	M3039	249	Ryan CHASE	Calgary 1:47:51
5:07	42	7/11	M5059	228	John BAUER	Sylvan Lake 1:47:57
5:08	43	9/26	M4049	216	Rheal PLAMONDON	Calgary 1:48:05
5:11	44	7/32	F3039	223	Veronique HUL	Invermere 1:49:14
5:12	45	4/20	F4049	246	Steph RAUGUST	Calgary 1:49:26
5:14	46	2/13	F2029	157	Brooke CLELLAND	Edmonton 1:50:06
5:14	47	5/20	F4049	105	Angela AUGER	Calgary 1:50:13
5:14	48	10/26	M4049	258	Dave ZEHNR	Invermere 1:50:16
5:16	49	11/26	M4049	215	Chris HOHM	Camrose 1:51:05
5:16	50	1/11	F5059	210	Liz VANDERDRUK	Invermere 1:51:06

Page 2

14th Annual
Loop the Lake Road Races
August 8, 2009
Half Marathon Overall Results

Place	Plc/Div	Div	No.	Name	City	Time
=====	=====	=====	=====	=====	=====	=====
5:16	51	12/26	M4049	127	Craig BENTHAM	Calgary 1:51:07
5:17	52	6/20	F4049	226	Lia THOMSON	Calgary 1:51:17

Page 2

53	8/32	F3039	170	Sue GRAHAM	Calgary	1:51:48
5:18						
54	13/26	M4049	171	Ryan SMITH	Calgary	1:52:08
5:19						
55	14/26	M4049	199	Brian SMITH	Calgary	1:52:48
5:21						
56	7/20	F4049	198	Cathy COWAN	Canmore	1:52:49
5:21						
57	15/26	M4049	232	Kirk LIVINGSTON	Coaldale	1:52:56
5:22						
58	16/26	M4049	167	Russell GARRIES	Calgary	1:53:30
5:23						
59	17/26	M4049	185	Trevor KINLEY	Invermere	1:53:42
5:24						
60	9/32	F3039	153	Jackalynn SPROAT	Calgary	1:54:43
5:27						
61	8/20	F4049	245	Barbara MUNROE	Calgary	1:55:03
5:28						
62	18/26	M4049	218	Paul HUL	Invermere	1:55:04
5:28						
63	2/11	F5059	189	Patricia PRANZL	Surrey	1:55:18
5:28						
64	9/20	F4049	220	Wendy LUNN	Calgary	1:55:23
5:29						
65	8/11	M5059	221	Chris LUNN	Calgary	1:55:23
5:29						
66	10/20	F4049	180	Shaaron MELESHKO	St. Albert	1:55:25
5:29						
67	3/11	F5059	193	Carol PERIZZOLO	Calgary	1:55:54
5:30						
68	12/15	M3039	137	Robert MORIN	Calgary	1:56:05
5:31						
69	11/20	F4049	231	Tanya SZARKO	Calgary	1:56:05
5:31						
70	19/26	M4049	259	Jeff DUNNING	Bragg Creek	1:56:27
5:32						
71	13/15	M3039	247	Dan CODERE	Kingston	1:56:36
5:32						
72	10/32	F3039	135	Louise RAUTENBACH	Red Deer County	1:56:47
5:33						
73	20/26	M4049	140	Derick RATUENBACH	Red Deer County	1:56:47
5:33						
74	21/26	M4049	239	Rod STRATE	Calgary	1:56:54
5:33						
75	11/32	F3039	205	Vamini SELVANANDAN	Banff	1:56:56
5:33						
76	14/15	M3039	230	Jason WHITWORTH	Calgary	1:57:34
5:35						
77	12/32	F3039	148	Susan WITWICKI	Calgary	1:57:39
5:35						
78	3/13	F2029	144	Deanna VIKSE	Camrose	1:57:53
5:36						
79	13/32	F3039	119	Onnolee NORDSTROM	Sherwood Park	1:58:17
5:37						
80	12/20	F4049	114	Lorelei WATERS-HUSS	Lethbridge	1:58:41
5:38						
81	13/20	F4049	203	Gayle POCHA	Cranbrook	1:58:56
5:39						
82	14/32	F3039	132	Jennifer DOLL	Cranbrook	1:58:56
5:39						
83	15/32	F3039	107	Patricia DUMAIS	Calgary	1:59:08
5:39						
84	22/26	M4049	240	Richard SUFFRON	Invermere	2:00:19

5:43						
85	23/26	M4049	212	David TOWNSEND	Calgary	2:01:29
5:46						
86	4/11	F5059	257	Mary-Anne MARTIN	Timmins	2:01:37
5:46						
87	6/9	M2029	154	Matt KUZEK	Saskatoon	2:01:57
5:47						
88	16/32	F3039	252	Candace BURKE	Owens Crossroads	2:02:24
5:49						
89	17/32	F3039	192	Josie BENNETT	Calgary	2:02:24
5:49						
90	14/20	F4049	201	Donna ROSS	Calgary	2:02:48
5:50						
91	18/32	F3039	182	Catherine KEATLEY	Calgary	2:03:16
5:51						
92	15/15	M3039	204	Les ALLEN	Kelowna	2:03:21
5:51						
93	7/9	M2029	160	Stephen CAREY	Calgary	2:03:48
5:52						
94	19/32	F3039	166	Rachel COLABELLA	Calgary	2:04:05
5:53						
95	24/26	M4049	162	Colin MERRICK	Calgary	2:04:22
5:54						
96	20/32	F3039	229	Jodi WHITWORTH	Calgary	2:04:28
5:54						
97	4/13	F2029	163	Heather CORLISS	Lethbridge	2:04:45
5:55						
98	2/3	M60+	256	Tom MCCAIG	SwiftCurrent	2:04:52
5:56						
99	5/11	F5059	244	Lori BURKE	Calgary	2:05:15
5:57						
100	15/20	F4049	233	Karen SULLIVAN	Calgary	2:05:49
5:58						

14th Annual
 Loop the Lake Road Races
 August 8, 2009
 Half Marathon Overall Results

Place	Plc/Div	Div	No.	Name	City	Time	
=====	=====	=====	=====	=====	=====	=====	
6:01	101	25/26	M4049	112	Patrick MCFEELY	New Norway	2:06:45
6:05	102	21/32	F3039	125	Kirsten COTTON	Red Deer County	2:08:13
6:05	103	22/32	F3039	169	Sarah ATTWELL	Calgary	2:08:16
6:07	104	23/32	F3039	260	Carrie DUNNING	Bragg Creek	2:08:45
6:10	105	9/11	M5059	165	Warren BARKER	Calgary	2:09:49
6:12	106	5/13	F2029	134	Julie JOHNSON	Calgary	2:10:35
6:14	107	3/3	M60+	237	wilf MCKEE	Calgary	2:11:23
6:15	108	24/32	F3039	235	Tara SOMERSET	Calgary	2:11:52
6:16	109	1/1	F0119	262	Samantha BOYCHUCK	Pickering	2:12:11

110	10/11	M5059	178	Patrick HOGLAN	Spokane	2:12:32
6:17						
111	6/13	F2029	200	Seifried AMANDA	Waterloo	2:12:58
6:19						
112	8/9	M2029	149	Curtis GIRLING	Calgary	2:14:34
6:23						
113	25/32	F3039	143	Amy KOWAL	Camrose	2:15:07
6:25						
114	7/13	F2029	138	Torie GUSA	Calgary	2:15:31
6:26						
115	26/32	F3039	197	Jacquie STEFANOWSKI	Calgary	2:15:37
6:26						
116	16/20	F4049	147	Tannis MCDONALD	Fernie	2:18:29
6:34						
117	17/20	F4049	225	Chantal PLOWMAN	Calgary	2:23:21
6:48						
118	27/32	F3039	129	Susan CAMERON	Regina	2:24:24
6:51						
119	11/11	M5059	115	Bryon KNIGHT	Invermere	2:25:17
6:54						
120	1/2	F60+	261	Helen KIPP	Invermere	2:26:25
6:57						
121	28/32	F3039	207	Jacqueline ROURKE	Cranbrook	2:27:42
7:00						
122	8/13	F2029	188	Melissa FREEMAN	Calgary	2:28:24
7:02						
123	29/32	F3039	113	Cori CAMERON	Strathroy	2:28:40
7:03						
124	30/32	F3039	208	Niki KAISER	Golden	2:30:57
7:10						
125	26/26	M4049	161	David SHEEDY	Invermere	2:31:04
7:10						
126	9/13	F2029	121	Maria LEYTON	Calgary	2:33:20
7:17						
127	6/11	F5059	251	Anne WELLS	Calgary	2:34:33
7:20						
128	7/11	F5059	179	Julie HOGLAN	Spokane	2:36:40
7:26						
129	8/11	F5059	164	Ann FAULKNER-CLARK	Parson	2:37:24
7:28						
130	31/32	F3039	118	Jillian SPORNITZ	Wainwright	2:40:45
7:38						
131	10/13	F2029	142	Laura YOUNG	Calgary	2:41:45
7:40						
132	9/9	M2029	172	Stephen LEONHARDT	Lethbridge	2:41:46
7:40						
133	9/11	F5059	250	Kimberley DITTRICH	Invermere	2:43:22
7:45						
134	2/2	F60+	177	Linda LUDWIG	Crossfield	2:46:16
7:53						
135	32/32	F3039	176	Lynita LUDWIG	Crossfield	2:46:16
7:53						
136	10/11	F5059	209	Bev DEARIN	Invermere	2:46:58
7:55						
137	18/20	F4049	190	Marj WIDMER	Invermere	2:47:05
7:56						
138	11/11	F5059	156	Sue STATHAM	Invermere	2:48:39
8:00						
139	19/20	F4049	219	Brenda LESLIE	Prince George	2:53:55
8:15						
140	20/20	F4049	217	Pamela MURRAY	Calgary	2:59:14
8:30						
141	11/13	F2029	184	Kim HEMMELGARN	Edson	3:07:40

21K..txt

8:54						
142	12/13	F2029	194	Kristal GODLIEN	Invermere	3:07:40
8:54						
143	13/13	F2029	241	Ashley GOODEY	Inermere	3:07:40
8:54						